

# SYSTEMS THINKING

## MINI-COURSE

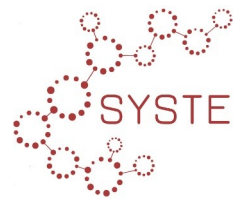
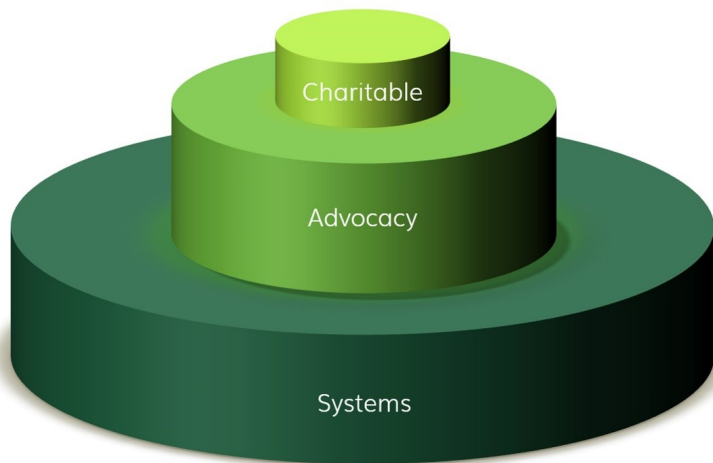
### Video 1 "About Systems Thinking – Three Main Points"

From the perspective of making the world a better place, "systems thinking" is about:

1. Relationships: between people, between people and the environment, and between species, abstract principles, etc.
2. Shifting your default point of view: from the short-term to the long-term; from narrow to wide; and from shallow or surface to deep; also, from a focus on the outer to the inner.
3. Cultivating the ability to hold the one and the many at the same time

### Video 2 "How Do I Know When I'm Systems Thinking?"

Separating out a charitable approach (to making the world a better place), from an advocacy approach, from a systems approach, with the goal being the ability to distinguish between each, and conscientious integration.



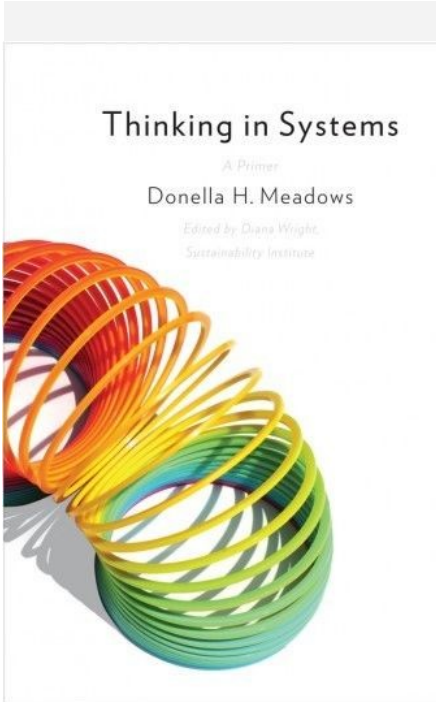
SYSTEMS THINKING MARIN

Felicia I. Chavez, Director, 415.847.3017

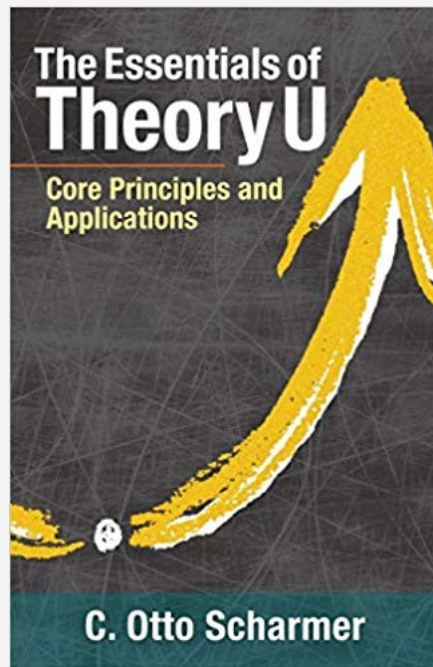
PO Box 150465 | San Rafael, CA 94915

# Video 3

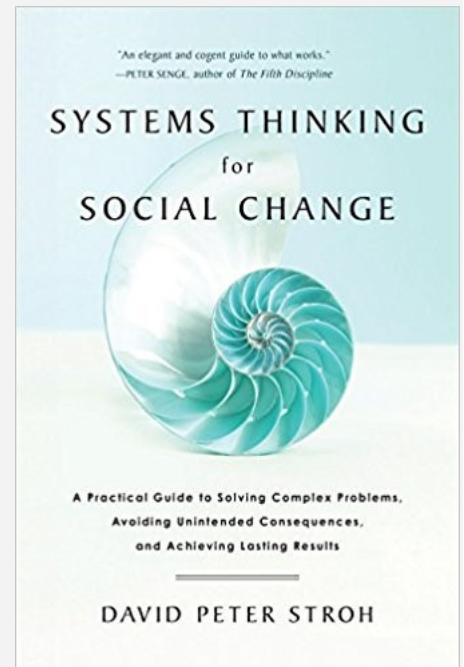
## "How Can I Learn More About Systems Thinking?"



*Thinking in Systems: A Primer*  
Donella H. Meadows



*The Essentials of Theory U*  
C. Otto Scharmer



*Systems Thinking for Social Change*  
David Peter Stroh

Capra Course  
[capracourse.net](http://capracourse.net)

U.Lab  
[EdX.org](http://EdX.org)

Systems Practice  
[plusacumen.org](http://plusacumen.org)

